

A New Look

ferdiepostexco3 Updated: Apr 5, 2024

Angelique Stapelberg & Zachary van Bemmel

Ferdies...rumour has it that the Ferdie Post has been taken over. A hostile affair.

We are very pleased to tell you that, that is indeed true.

Our very own Miss Smal who has been the driving force of Ferdie Post for so long has decided to hand over the reins and let her most trustworthy minions carry on what she has begun. With a couple spices, flavours and a pinch of youthful zest we're aiming to have a pot of creativity that's constantly boiling over.

The change might seem scary, but it is very easy to predict that there's a rainbow on our horizon. We can expect some amazing results from hand-picked individuals who have all been waiting for a chance to show their skill and flex a little bit. We're pleased to report that the originality of the Ferdie Post and what it means to us as a school will not at all fade away within this new season, like we mentioned previously our concoction of spice and flavour will not disappoint.

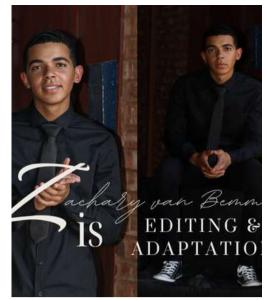
Under the guidance of our Exco members Zachary (writing and editing), Zinei (brainstorming and fact collecting), and Janeal (media and layout) we will ensure that there are plenty of pleasing articles and stories to dive into and let your heart and mind be reminded of what the Ferdie Post really is.

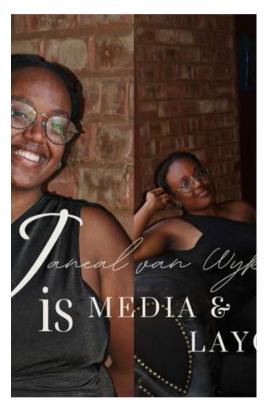
Teams of your own peers aim to take this project to new heights. Late nights, hard work, crazy deadlines, whatever it takes. We work to inform, enlighten and entertain the masses.

The new hands-on, student driven, hip and youthful spin on our beloved school paper is sure to impress and entertain. Ferdies let this adventure carry us to new fantastic opportunities that await our arrival.

There are big things coming. You don't want to miss it. Here is what we posted online in 2024:









Graad 8: 'n Wilde reis

ferdiepostexco3 Mar 4, 2024 2 min read

Miné Bronkhorst & Latorian Mora

Die skool, die informasie sessie, die eerste dag van skool, gevoelens opgesom in een woord? Opwindend.

Op eerste ontmoeting het die VRL baie streng gelyk. Meeste van die graad 8's was doodbang vir hulle. 'n Paar ysbrekers en skoen speletjies later het die atmosfeer heeltemal verander. Bang en senuweeagtig gee toe pad vir opgewondenheid en gemak.

Eerste dag van skool was baie vernederend. Wolfoortjies, sterte en borde wat letterlik jou mees vernederende oomblik vertoon.

Every single morning they had to be in front of the venue before seven. Then they were expected to come in full cub attire, and to carry a pet rock. If they didn't, there were some pretty harsh repercussion, like performing the 'Sofia The First' theme song for your entire grade. Naturally the singing, dancing, and cheering didn't stop there. They had to be H-A-P-P-Y, or a mysterious bomb might have dropped right at their feet.

Dit was 'n uitdagende stap vir hulle om vriende te maak, tog het dit makliker geword want aan die einde het hulle regtig soos 'n gesin gevoel. Die onderwysers en VRL het hul van plek tot plek gewys en ons graad 8s het sommer vinnig tuis gevoel.

The grade 8 dance is definitely something they will remember for years to come, since it was done over a million times. Not only did they enter the final stage of their orientation period, but they also had a special visit from Dodo Nyoka.

Die graad 8 kamp was die hoogtepunt van hul reis. Die atletiek was ongelooflik lekker. Hulle het baie gesing en gedans dat hulle voete brand. Die enigste slegte ding van die kamp was hoe vroeg hulle gaan slaap het. In die algemeen was die kamp regtig 'n jol.

The big day was upon them. The Arch Ceremony. They could finally wear formal school clothes, and be apart of the Ferdie-family. It was a long journey and even though they struggled and endured embarrassment like never before, it was all worth it to finally step up to the plate, and ring that bell.

With the final note ringing from our ancient bell they had been iniciated. Ons wakawaka graad 8s was amptelik volle Ferdies. Geniet die res van julle reis aggies. Hopefully you'll never have to do the monkey again.











Our Own Matric Excellence

ferdiepostexco 3Mar 7, 2024 1 min read Updated: Apr 5, 2024 **Jordan Forbes**

Ferdies, the only school in the North West to have maintained 100% matric-pass rate without any interruption for the last 24 years, has achieved even more success.



In the recent matriculation results among

the distinctions are students with remarkable achievements: two learners achieving 7 distinctions, one learner with 5 distinctions, and an impressive number of learners with 4, 3, 2, and 1 distinctions making the grade total of 97 distinctions.

It's clear to say they swept the floor with the other schools!

Ferdies also got a second place in the province for the percentage of distinctions per candidate. Additionally, the school got first place for Afrikaans schools in the province in this category.

Ferdies matrics secured a remarkable 94.6% university admission rate, earning the school the second-place position for the highest university exemption rate in the North West, with 13 out of 17 subject averages ranking in the top 5 in the province.

I'm telling you, they shouldn't underestimate our little school of excellence, because we pack a punch.

Another crazy achievement that the class of 2023 garnered is the fact that not a single subject was failed. This highlights the unwavering commitment to academic success.

The biggest achievement from our class of 2023 is the fact that they made it. They walked the gruelling road and crossed the checkered flag with their heads held high. We're proud of you Matrics.

As Ferdie learners we should be inspired by them and strive to do as well as our class of 2023. Hopefully we can carve our own names out next to theirs.

https://www.citizen.co.za/potchefstroom-herald/news/2024/01/19/12-years-in-the-making-matrics-celebrate-results/

An Athlete's Point of View

ferdiepostexco 3Mar 7, 2024 1 min read Updated: Apr 3, 2024

Kieran Louw

As an athlete at Ferdies, I've always sought my minute on the biggest of stages, a chance to compete against top schools and learn what it takes to be the best.

With recent sport events, I've gotten the chance to achieve that.

The athletic season has given many athletes the opportunity to show off their talent and giving all athletes exposure to competing against regional as well as provincial schools at top levels. Interhigh was our first look into what our athletes were capable of. Electrifying events with top speed sprints definitely gave us a show. The experience of what it's like to compete against other athletes in front of a full spirited crowd was indescribable.

Our next journey took us to the Curro Podium. An elite stage of athletics that took us through the record breaking, world dominating, speed defying athletes of South Africa. Competing against the top schools at one of these best athletics stadiums was an experience to remember. The thirst us athletes had for exposure was quenched.

The track, the courts, the fields and astro, that is what we athletes call home.

The atmosphere of a crowd, spirit and support is what drives us and motivates us. The hard work, sweat and effort put into training and the unwavering support through coaches is what makes us produce extraordinary results on and off the sports grounds.

The quality of our sport is made possible through an amazing coaching staff, hard working athletes and amazing spirit.

This is what makes us different from other athletes, this is what makes us Ferdie athletes











Blue Voices Heard Across the Globe

ferdiepostexco3 Apr 3, 2024 1 min read **Janeal van Wyk & Teboho Panyane**

The atmosphere was electric as the members of our school's sing-song team took to the stage at the inter-high athletics event. With hearts full of pride and voices filled with harmony, they represented our school with passion and love.

As they sang their hearts out and danced to the rhythm of the music, the athletes couldn't help but be captivated by their energy and enthusiasm. It was a moment of pure joy and celebration.

Through their hard work and commitment, the sing-song team not only entertained the crowd but also left a lasting impression on everyone present. What mostly made the experience special was the feeling generated as our school stood head to head against fierce rivals competing for nothing but the No.1 spot, GEES, and bragging rights!

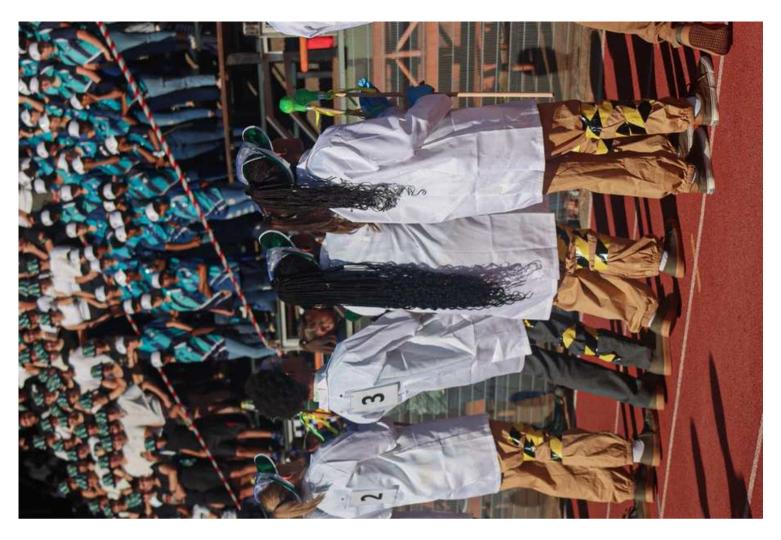
In the end, the sing-song team's participation in the inter-high athletics event wasn't just a competition – it created unforgettable memories and formed strong bonds within the school community.

They've stopped singing but the voices of our brilliant blues can still be heard, echoing our beloved school halls.











The Glamorous World of Mr and Miss Ferdies

ferdiepostexco3 Apr 3, 2024 1 min read Updated: Apr 5, 2024

Claudwin Jones

In the books of Ferdie-events, the Mr and Miss Ferdies competition is always one to remember.

One of the defining features of this competition is the commitment, diversity and ability of the finalists. They show the crowd what they're made of and own the spotlight.

As we watched them walk down the catwalk dressed in different categories the crowd cheered, chanted and applauded, each round louder than the one before.

Beyond the glitz and glamour, Mr and Miss Ferdies serves as an inspiration to countless young individuals aspiring to pursue a career in modelling.

Our amazing educators, sponsors and supporters play key roles in making the event a huge success.

The finalists however are the ones who confidently braved interviews, judges and cheering crowds, with every finalist deserving of the crown.

Thick clouds of anticipation hung over us as everyone grew eager to see who would be crowned Mr and Miss Ferdies 2024.

The evening air filled with applause as the following winners were announced:

Mr Ferdies: Johan Kriek

Miss Ferdies: Zinei Reynders 1st Prince: Cameron Scholtz 1st Princess: El-Chanté Gordon

2nd Prince: Dillan Roodt

2nd Princess: Deané Kooyman

Mr Personality: Zachary van Bemmel

Miss Personality: Aninka Miller Mr Photogenic: Kieran Louw Miss Photogenic: Janeal van Wyk

Best couple: Deané Kooyman and Willem Hartzenberg

And so with our winners getting crowned, the crowd losing their minds and our own stars illuminating the stage the night came to an end.

A night full of flashing lights, fashion, dancing, fun and endless memories ended with cheers and tears of joy.

One of the thousands of reasons to be a Ferdie.

























A Fairytale Evening

ferdiepostexco3 Mar 15, 2024 1 min read

Terrence Masupa

Love was in the air as students gathered for the much-anticipated Valentine's Day Ball, a dazzling event under the theme of Starry Night that left everyone enchanted.

The school hall was decorated with strings of fairy lights and heart-shaped balloons. Tables were decorated with red and black creating a charmed atmosphere.

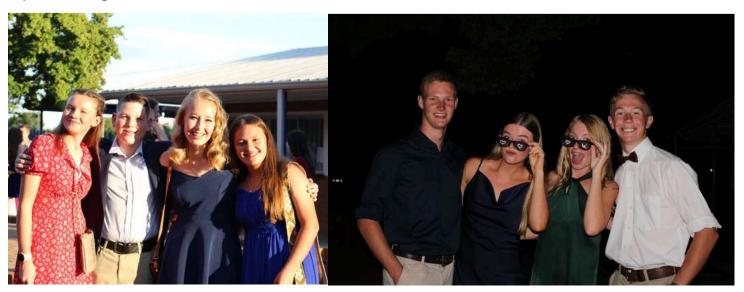
One of the highlights of the night was the announcement of the winners of the Best Dressed awards. The competition was fierce, but the title of Best Dressed Male went to Zakehle Dameyet, who turned heads with his sense of style. On the female side, Joline Derbyshire stole the spotlight, spreading out elegance in her stunning dress.

The anticipation reached its peak as the Best Couple award was revealed. The award went to Lume Hartzenberg and Karl Engles, who displayed the spirit of the evening with their chemistry leaving a lasting image on everyone present.

While the stars shone bright overhead, credit was due to the Gr. 11 students who produced the stellar spectacle. Mrs. Wika, the guiding force behind the scenes, and her team of dedicated organizers and cleaners are acknowledged for turning a simple dance into an experience that left a memorable mark on the hearts of the students and guests.

As the night concluded, echoes of laughter, music, and the joy of the evening lingered, creating memories that would be treasured for years to come.

The V-Ball was not just an event, it was a celebration of unity, elegance, and the spirit of togetherness.











Ferdies se Eie Verskietende Ster

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Zachary van Bemmel

Met 'n diep hartseer en 'n swaar verlange het ek besluit om 'n yslike taak aan te pak. Ek moet namens ons, totsiens sê vir ons eie juffrou Geldenhuis.

Na 'n ewigheid binne die siel van Hoërskool Ferdinand Postma het die hartseer dag van Juffrou se aftrede aangebreek.

Waar begin 'n mens met 'n taak soos hierdie?

Dit is 'n feit dat selfs met honderde bladsye sal ek nooit eers daarvan kan droom om Juffrou se karakter akuraat te kan opsom nie, daarom sal ek nie eers probeer nie. Ek gebruik eerder hierdie paar woorde wat ek het om vir Juffrou 'n blik te kan gee op wat Juff vir ons beteken.

'n Miljoen lesse oor indirekte rede en antonieme en begripstoetse en spelreëls (waarvan ek nogsteeds nie 'n kenner is nie), elkeen met dieselfde passie en entoesiasme gegee. Die liefde wat Juffrou nie net vir die vak van Afrikaans gehad het nie maar ook vir alles rondom dit is rerig iets om te beleef. Ek saam met al die ander huistaal kinders wat al in Juffrou se klasbanke gesit het is oneindig dankbaar dat ons daardie voorreg kon hê.

Om Juffrou se klas se atmosfeer in een woord te beskryf is moeilik maar as ek moes kies klink die woord "geliefd" reg. 'n Omgewing waar ons veilig gevoel het, asof niks verkeerd kan gaan nie, 'n gevoel wat ons nog altyd sal verlang.

Die trane is nou al gestort en die skoolhekke het nou al vir Juffrou se kar gewaai. Nogtans bly Juffrou hier op die gange. In die harte van ons leerders. In elke Willem Poprok en in die kern van ons skool.

Stories van die heks wat in die kas bly, Juffrou se middagetes met Maria van Riebeeck, die geheime redes vir fone konfiskeer en vele meer bly verewig diep in ons en ons sal nooit rerig vir Juffrou kan groet nie.

Geniet die rooi wyn, rustigheid en die res van Juffrou se reis. Daar is 'n leemte in ons harte nou, maar al wat dit beteken is dat daar altyd 'n plek sal wees gereserveer vir ons gunstelling onnie.

Totsiens Juffrou. Sien later.









Unathi's philosophy corner: The Aspirations of Ferdies

ferdiepostexco3 Apr 3, 2024 3 min read

Unathi Matlala

Hey you, yes you. Do you know what you want to do with your life? Okay wait, apologies, maybe I shouldn't start this off so strong. Let's take two steps back. Do you know yourself? Do you know who you used to be? Do you know who you want to be? If you didn't score 3 for 3, then this space right here is a good start.



If you answered no to any of the previous questions, then that's beautiful for you. Not saying that if you answered yes to them you're not beautiful (I'm sure you're very pretty) but the uncertainty truly is a beauty in itself. However we cannot stay uncertain forever, we have to step forward with the confusion and sometimes that might even guide you. The future is scary, we don't know what's at the end of the road. Knowing who you were, who you are, and who you want to be might be the first steps to slightly clear the fog.

Now it's time for the million dollar question, "What are your goals and aspirations in life?"

While you ponder, other learners from Ferdies were randomly sampled and asked the same question:

"I want to fight an alligator"

Who in the world wants to fight an alligator? The confidence is admirable. A dream so daunting it quivers the boots of those who even dare to think of it. A dream only you and yourself can achieve really does set you aside from the rest.

"Fly to Mars"

You're on the ground floor. The earth beneath your feet is as low as you can get. The only direction is up. The sky was never the limit you see. No, we have been destined to shatter that sky. Flying to space isn't good enough, flying to the moon isn't good enough. Your destination should land you on Mars, fellow space cadets.

"Getting a girlfriend and passing Grade 8"

Having a future goal isn't always about careers. It's essential to take a break from staring at that distant destination, and rather look at the traffic you have right in front of your car. Don't worry about the other cars zooming past you, stay in your lane, only go into your next gear when YOU are ready to; then you won't be a high octane driver crashing into pieces. Life falls into place when it chooses to, and maybe a girlfriend will be a piece to that puzzle.

"I want to be an antique collector and travel the world"

The diversity amongst people and how they want to spend their days will always baffle me, Ferdies never lacks when it comes to learners with unique character. Some may think that "collecting old vintage doohickeys is boring" and others will think it's the coolest thing they've ever heard. You're the main character in your life though, what you think is the only opinion that has affect on you. If you want to cross the globe in 80 days then you better start planning right now. Pack your bags and enjoy the journey that belongs to YOU.

People really are unique in so many ways, you can't even count them all on your fingers, seriously...I tried. Even a shared result could be two totally different prizes. Your goal is unique to you and only you. Whether you want to fight aquatic reptiles or become an alien, you're entitled to your goals because you are you. You're only responsibility however is to make sure you never stop chasing those aspirations and never ever stop dreaming.

Movies set in the future are for real false advertising. They always make the future seem so spectacular like in the end is when the reward comes. The truth however is that the reward is in every step of the journey. Every moment chasing you mail truck is a moment of reward. The present is where the best things are (minus cool sci-fi cars and stuff). Make sure you're living for the now and building towards the future. Now ask yourself those three questions again.

If you still can't score 3 for 3 don't you dare stress, you will one day.

Thank you for your time, I hope I was able to help a lost mind or two.

-Your favourite therapist

Brag About This; I Came In Like A Wrecking Ball

ferdiepostexco3
Apr 3, 2024 1 min read **Katleho Mabindisa**

Not to brag, but did our teachers not ace their performances at the Big Brag? Never in the history of teachers has anyone had so much enthusiasm and energy as the Ferdie teachers.

From Ms. Barbie Girl Speedy to Mr. Miley Cyrus Louw, the teachers have boosted the energy of Ferdies with their funky characters and have also prepared everyone for the exciting Inter-high event. In the intro of the event, Mr. Louw rocked onto the stage to Miley Cyrus's song, Wrecking Ball, by swinging across the stage on a LITERAL wrecking ball! Let's not forget how cool Mrs. Roux's hip-hop group danced on stage, and also how Mr. Van Niekerk gave the teachers a 'workout' class in front of everyone. And, I don't think there will ever be a better disc jockey than DJ Serfontein.

All the performances our teachers put on were magnificent! I don't think anyone could have done it better.

We, as the students of Ferdinand Postma High School, appreciate the amazing teachers that we have. Not just for academics, but for their genuinely great character.

I have to admit, this was the best Big Brag in the history of Big Brags. GO FERDIES!















Juffrou Stander: Ferdies se legende

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Imre Renke & Janeal van Wyk

Totsiens, maar nie vaarwel.

Juffrou Stander mag nou vir ons totsiens sê, maar ons sal haar nooit vergeet nie. Sy het in 2006 begin skool hou by Ferdies. In hierdie meer as een en 'n halwe dekade het Juffrou Stander haar staal gewys as departementshoof, adjunkhoof en waarnemende hoof.







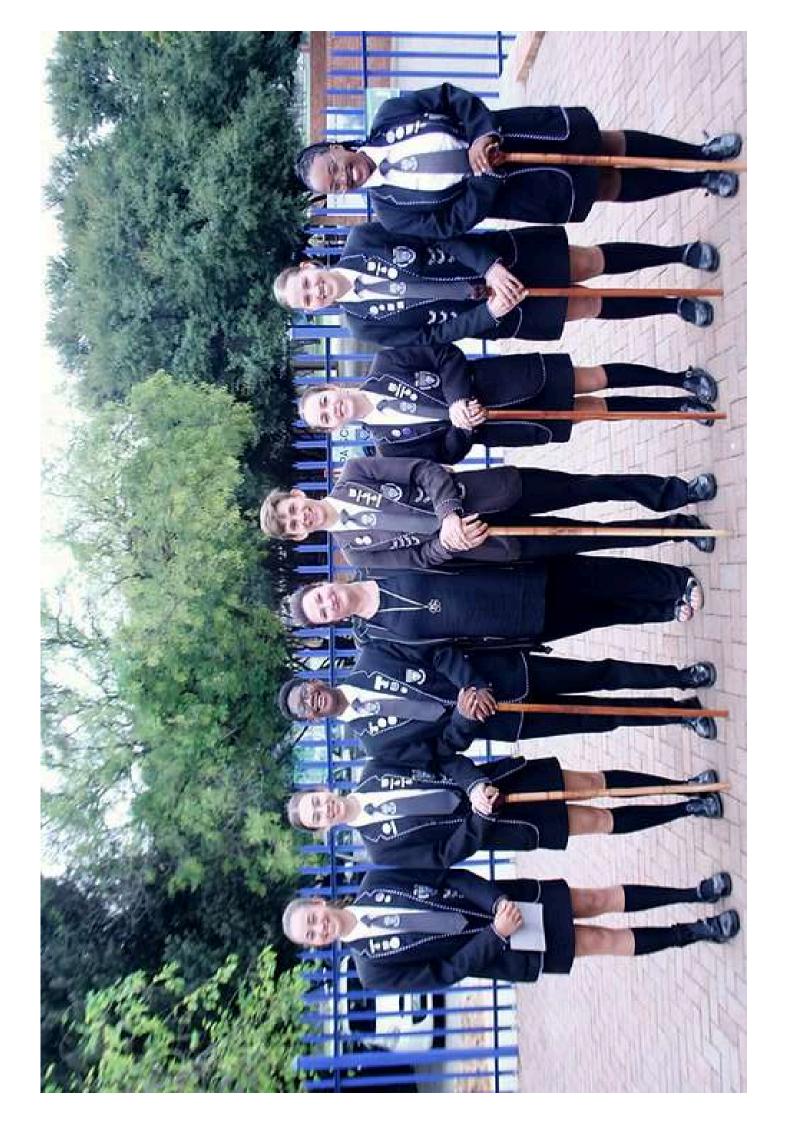
Juffrou Stander se leierskap het ons deur uitdagings gelei, ons suksesse gevier en 'n kultuur van groei en leer bevorder.

Haar passie vir Wiskunde was aansteeklik! Baie leerders sal van haar warm en omgee hart getuig. Sy het haar altyd oor die leerders ontferm wat gesukkel het om in te pas. Jy kon haar altyd iewers langs die sportveld gesien het. Altyd daar om ondersteuning te bied.

Juffrou se passie en onwrikbare toewyding aan ons studente het 'n onuitwisbare stempel op ons almal gelaat, daarom wil ek namens al die studente by Hoërskool Ferdinand Postma ons diepste dankbaarheid uitspreek.

Juffrou het 'n blywende impak op ons skool en op ons almal gemaak, en ons sal vir ewig dankbaar wees vir die leiding, mentorskap en vriendskap wat jy met ons gedeel het.

Juffrou Stander is een van Ferdies se legendes. Ons gaan Juffrou mis.



Afskeid van 'n Held: Meneer Aucamp

ferdiepostexco3 Apr 3, 2024 2 min read **Zachary van Bemmel**

Johann Diederik Aucamp of Meneer Aucamp soos meeste van ons hom ken. 'n Man wie se verhaal in die mure van ons skool gegraveer is. 'n Verhaal wat nou 'n hartseer wending neem.

Dit is dalk by die jaarlikse gedrag praatjie, of op die hokkie veld, of gedurende die "D-day" voorkoms aankondigings, of dalk selfs langs die rivier met 'n visstok in hand. Ek is seker dat jy al die groot persoonlikheid wat ons meneer Aucamp noem iewers raak geloop het. Ongelukkig moet ons hierdie jaar vir daardie einste persoonlikheid totsiens sê.

'n Steenpilaar vir Ferdies vir so veel jare, 'n padteken vir die wat die roete verloor en 'n ware warm hart vir die wat dit sou nodig het: hierdie is net 'n paar van talle maniere om vir meneer Aucamp te beskryf. Die vier mure van sy kantoor (waarvan sommige van ons meer bekend is as ander), was nog altyd 'n veilige hawe, 'n plek waar jy nie net jou hart kan uit praat en goeie advies terug kry nie maar ook die dissiplinêre spilpunt van ons skool.

Om Meneer se rol in ons skool te beskryf is regtig 'n herculiese taak, maar een ding is verseker: Meneer was 'n mentor, 'n leier en 'n held vir baie. "Big brags", sportbyeenkomstes, LO klasse, die maandagoggend afkondigings, selfs demerietes sal nooit weer dieselfde wees nie.

Dit is 'n ware tragedie dat Meneer se talle stories, droë grappies en lesse oor hoe om te skeur by ons eindig, maar ek kan met volle eerlikheid sê dat dit ook 'n massiewe eer is. Ons wens dat ons vir nog so paar jaar vir Meneer hier by Ferdies kon hou maar ons verstaan ook dat daar nou 'n nuwe pad is wat Meneer moet stap.

Meneer, ons hoop hierdie pad is vol van niks maar welvaart en genot. Niemand sal stry dat Meneer dit nie verdien nie. Hou ons in Meneer se hart want soos die spreekwoordjie, wat ons in elke hoekie van ons skool hoor, sê: you've touched so many hearts en ons sal vir ewig dankbaar daarvoor wees.

Geniet hom Meneer. Mag hierdie volgende een die beste hoofstuk so ver wees.







The Beauty of the Game

ferdiepostexco3 Apr 3, 2024 2 min read

Gomolemo Malepe

Sports play an important role in the development and growth of individuals, fostering teamwork, discipline, and physical fitness. At our school, we take pride in our sports teams. These teams have not only achieved remarkable success on the field but have also become a source of inspiration and unity within our Ferdie family.

Hockey, a fast-paced and strategic sport, has gained a lot of popularity among our students. Our school hockey team consistently displays remarkable skill and determination. Their commitment to training and their team spirit is truly impactful. As one of the team members, Kieran Louw, rightly puts it:

"Hockey is not just a game, it's a passion and a way of life."

Another sport that holds a special place in our school is rugby. The physicality and intensity of the sport have captivated players. Our rugby team has established a reputation for their everlasting spirit and sportsmanship. In the words of our right-wing Cameron Scholtz:

"The battle is fun but it's the sense of brotherhood regardless of background that makes the game so beautiful."

Netball, a sport that demands agility, precision, and teamwork, has also flourished within our school gates. The netball team has consistently dominated the leagues they played in, bringing home numerous trophies. Every player has a role to play, and the synergy we create on the court is truly incredible and impactful to us.

Our teams not only excel in their respective sports but also embody core values of our school: teamwork, resilience, and sportsmanship. Their dedication to their craft and their unwavering commitment to representing our school with pride are truly inspiring.

Through their hard work and determination, they have become role models for younger students, encouraging them to pursue their passions and strive for excellence.











The Grade 12 SETH Finale

ferdiepostexco3 Apr 23, 2024 1 min read

Katleho Mabindisa

"Five extraordinary years, eight exceptional grade 12 learners, and one epic finale..."

Five years ago, the vibrant Grade 8 students of 2020 embarked on their exhilarating journey at the SETH academy. Despite the challenges thrown our way during the COVID-19 lockdown, our bond with SETH was unbreakable. Throughout this remarkable five-year adventure at SETH, we, the Grade 12 learners, have had the privilege of acquiring invaluable skills at the SETH Academy.

Exploring various workplaces, we delved into captivating careers aligned with SETH's awe-inspiring theme: science, engineering, technology, and health. But it wasn't only about learning; we forged strong bonds with each other along the way.

To commemorate the end of our unforgettable SETH experience, Dr. Nadia Botma and her team went out of their way to organize a dazzling SETH final function exclusively for us, grade 12 learners. The function was opened with the heartfelt words of our beloved principal, Mr. Smit, setting the tone for a magical evening. We left our mark in the SETH book for matrics, imprinting our fingerprints and writing heartfelt quotes that will forever encapsulate this extraordinary occasion. This function will forever hold a special place in our hearts.

Despite the occasional long and tiring sessions throughout the year, our SETH experience was a journey that has truly been worth every single moment!







A cupcake is someone's million dollars

ferdiepostexco3

Apr 3, 2024 1 min read **Hassaanaah Sooliman**

In our fast-paced world that focuses only on tomorrow, it is important to look after and be grateful for those who came before and for the wisdom they hold. I can assure you, that our school makes sure that these beautiful elders are appreciated and loved.

Our school's very own Interact team has been voluntarily visiting the Huis Anna Viljoen old age home for many, many years. The people that are placed into these old age homes are either abandoned, not physically well, or have no family or friends to look after them in these later years of their life. Interact tries to make them feel loved on special holidays by visiting them.

On the 26th of February 2024, the interact team along with Ms Rosin and Mrs Rousouw paid a visit to Huis Anna Viljoen in celebration of the month of love. We brought them delicious cupcakes and handwritten letters. The interact learners then spent the afternoon talking to them and keeping them company.

"When Ferdies visits us, it brightens my day" - Cecilia (88 year old resident)

The Interact team loves to talk to them and get to know about their grandchildren, their family as well as stories from their youth days. These visits are enjoyable for both the learners and the elders. It is the greatest joy to be able to make them smile as we give them a cupcake and take them for walks. Ferdies is very proud of what Interact does for the old age home.





Embracing the Ferdies Spirit: A Journey of Unity and Pride

ferdiepostexco3
Apr 3, 2024 2 min read
Updated: Apr 5, 2024
Chidi Okechukwu

As we embark on another chapter of our academic journey, it's essential to reflect on what truly defines us as Ferdies. Beyond the brick walls and corridors, beyond the classrooms and textbooks, lies the beating heart of our school, the Ferdies spirit.

What exactly is the Ferdies spirit? Is it the athletics? Our sports teams? Or even our school motto "Pay It Forward"? Ferdies spirit is all of these and more, it's the essence of who we are as a community and the unshakeable commitment to excellence and our unbreakable bond that tie us together.

The Ferdies spirit is in every aspect of our school life. It's seen in the passionate pursuit of knowledge by the students, the dedication of our teachers to nurture and the encouragement we extend to one another.

But the Ferdies spirit isn't just about individual achievement, it's about coming together as a force, united in our values and aspirations. It's about celebrating each other's successes, lifting each other up in times of need, and standing together as one.

As members of the Ferdie family, we wear our school colours with pride, knowing that we are part of something bigger than ourselves. We honour the legacy of those who came before us and carve out the path for those who will follow, leaving our own mark on the rich and amazing history of Ferdies.

So let us continue to embrace the Ferdies spirit in all that we do. Let us strive for excellence, support one another, and take pride in our school and its achievements. Together, we can accomplish anything, and be guided by the values that define us as Ferdies.

Here's to another year filled with academic success, athletic triumphs and unforgettable memories, all fuelled by the amazing Ferdies spirit.

And let's not forget the theme for this year "Open the door to excellence!"









The Trivia Games

ferdiepostexco3 Apr 3, 2024 1 min read Updated: Apr 5, 2024

Zachary van Bemmel

An oasis for our general-knowledge-nerds, a guessing game for some and purgatory for those lost along the way: Trivia Night 2024.

Whether it was that odd question you definitely knew the answer to, the electric vibe buzzing through the hall or the hosts' relentless jokes and jabs. One thing is for certain: trivia night had something for everyone.

With awards for spirit, fanciest dress and the coveted trivia champs cup up for grabs, competition was definitely thick that night. Teams going toe-to-toe showing off every random fact they happen to have caught somewhere, somehow.

Not knowing what to expect was definitely a theme with some utter disappointments and some unbelievable surprises. Awesome underdog tales and extreme anticlimaxes. Trivia night...definitely an undisputed success story.

Hours fly by as brains touch gloves and punches are thrown. Anticipation chokes the room as the top three are being announced and the bottom three are being directed towards the exit. Cries and squeals and laughs and cheers envelope the crowd with each passing question. Only one team comes out on top but every person goes home as a winner of a wonderful night.

Now a bit of trivia for you:

Will the next one be as good as this one was?

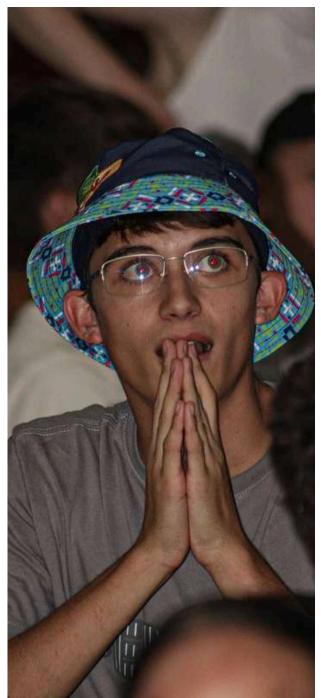
- A. (No)
- B. (Impossible)
- C. (One Direction should've won)
- D. (We'll have to wait and see.)

*Hint: The answer is also the third letter of the alphabet.:)

'Till next time Ferdies, may the odds be ever in your favour.









Stres jy?

ferdiepostexco3 May 6, 2024 1 min read

Miné Bronkhorst



Presenting... Ferdies' first Book Club!

ferdiepostexco3 May 6, 2024 2 min read **Laura van der Walt & Katleho Mabindisa**

"Today a reader, tomorrow a leader." -Margaret Fuller

Ferdies' matric learner, Joshua Barendse, has made history by creating the very first official book club in Ferdies!

What made you start the book club?

My passion for reading is what drove me into starting the book club. The act of reading may not always be nice, but what you can learn from the reading is everything, because everything that we learn is written text. Therefore, I believe that reading is the most valuable skill anyone is capable of having. I have an immense passion for learning, and that translates into books. So, the book club was the obvious conclusion for me. I had the need to share that passion with my peers.

To which learners would you recommend the book club to?

I believe that there is a book for everyone, so anyone is welcome to join the book club.

What types of books do you like to read?

Mostly Fantasy books. The other types of books I also like are philosophy and psychology. However, in the book club we read any type of genre based on the votes of the members.

Why is the book club significant to you?

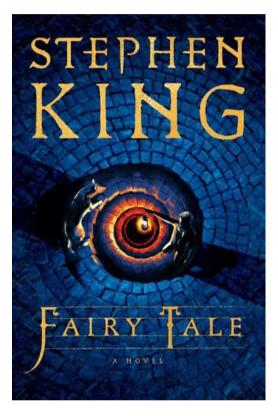
Sharing, essentially. Sharing the knowledge and the experience we gain from books is what makes the book club significant to me. Being able to teach people how to analyse books also makes the book club significant to me. People do not realise how complex books really are.

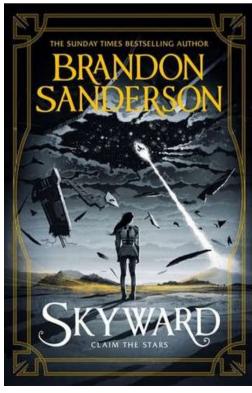
The book club is structured in such a manner that at the start of each month the clubs members put forth recommendations and shares a summary of the book. The recommendations are then voted for with the highest being the book of the month, thus any genre is welcome. A month is then given to read the chosen books with a physical meeting taking place within Ms Smal's classroom on a Friday.

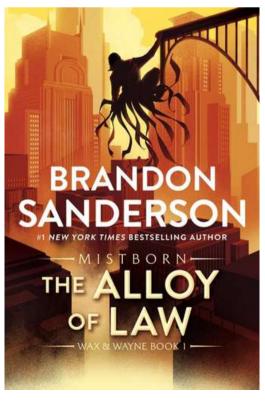
These meetings are simply a more organised form of discussion in comparison to the WhatsApp group and Discord server where quotes and such are shared. On these Friday afternoons between 13:30 and 14:30, after members share funny quotes and snacks, Joshua jumps into his formal analysis. Here he picks apart the plot, character development, symbolism, ethical problems as well as authorial intent where fellow readers may jump in and share their own insights. This makes the discussions more accessible to newer readers and functions as a teaching method.

Learners that are interested in joining the book club can contact Joshua Barendse's through the WhatsApp number listed on the posters throughout the school grounds.





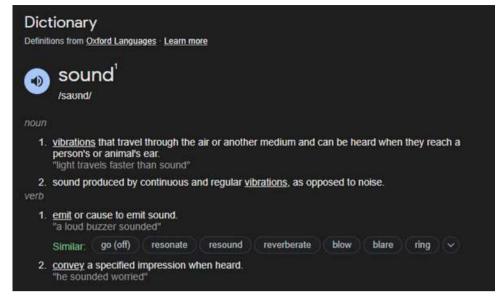




The Sound Team

ferdiepostexco3 May 14, 2024 1 min read Updated: May 30, 2024 **Tshepang Gaaube**

The sound team is a group of people making magic in the shadows. We're the AV cables of Hoërskool Ferdinand Postma. In the simplest possible terms:



we set up the equipment, prepare the sound, roll the slides and make sure the people are satisfied.

This team is managed by the wonderful Ms Karien Smal who runs a tight ship making sure it's nothing but smooth sailing. The sound team is a collection of different learners from different grades helping with different elements: all working towards a common goal. Joining the team is an amazing learning experience where you develop skills and discover things that you won't find in any other group or activity.

With the members of the team there to help you out, Ms Smal's guidance and occasional light scolding and the amazing vibes that the team always delivers, the sound team is an experience that no one should miss out on.

Joining the sound team is a genuine privilege and though it might sound like a lot of work, it is unbelievably fun and limitlessly interesting.



Front: Tshepang Gaabue, Zakhele Damanyet

Back: Mohammed Essop, Rhodes Shultz, Quinton Viljoen

Absent: Nicolaas Van der Walt & Zwiye Ramugondo

Welcoming Our New Teachers - Mrs Delport

ferdiepostexco3 May 30, 2024 1 min read **Laaiqah Hassim**

Why do you teach?

I love children, and I love to see them achieve and improve on something daily.

Why Ferdies?

It's a smaller school, and it feels like a family here.

If you could travel anywhere in the world where would you travel and why?

I would travel to Australia as there are a lot of South African people there as well.

Interesting fact about you?

I am really good at pool.

If you won the lottery what would you do?

I would help all those who are struggling.

If money were no object how would you spend your time?

I would spend all my time with my kids.

What is your motto in life?

Whatever you do, don't give up.

Your biggest fear?

Heights.

Your favourite food?

Lasagna. I love all pastas.

Your hero/role model?

My father, he never gives up.

3 words to describe yourself?

Helpful. Go-getter. Caring.

Top of your bucket list?

To travel the world.

"A kind hearted soul who's smile brightens a room"



Welcoming Our New Teachers - Mr Louw

ferdiepostexco3 May 30, 2024 2 min read **Laaiqah Hassim**

Why do you teach?

I love helping learners achieve something that they can't achieve alone. I love helping them with sport and working on the field, so that learners are not only academically driven but also active and fit.

Why Ferdies?

The day that I started studying, I knew that I didn't want to only focus on academics. Ferdies fulfilled my dream, as they gave me an opportunity to be their sports head.

If you could travel anywhere in the world where would you travel and why?

England. I would watch the cricket test match at Lord Cricket Oval.

Interesting fact about you?

Everyone knows me as an extrovert, but I am a introvert at home.

Your favourite movie?

I love the movie "I am Legend", because it shows that a person can change the world by being persistent through something. Also Legend is my middle name.

If you won the lottery what would you do?

I would give everyone I promised money to, buy myself a house and invest the rest.

If money were no object how would you spend your time?

I would buy myself the Lords Cricket Oval and watch cricket everyday.

Motto in life?

Shoot for the moon, even if you miss you'll land among the stars.

Your biggest fear?

Snakes, they are unpredictable.

What did you want to be when you were little?

A professional cricket player, since I can remember I have always loved cricket.

Your favourite food?

Sushi, I can eat it everyday.

Your hero/role model?

Andries Huisamen Morné Smith Michael de Beer Dejon Weyers

If it wasn't for them I wouldn't be successful.

3 words to describe yourself?

I'm a legend.

Top of your bucket list?

I would like to travel to America and watch a live superbowl match.

What do you do in your free time?

Think of ways to keep my dogs safe inside our fence.

"A energetic extrovert who's always eager to help"



Lights, Camera, Action!

ferdiepostexco3 May 30, 2024 1 min read **Hassaanah Sooliman**

Stars twinkling, popcorn popping and excitement buzzing- it's our schools very first movie night.
On the 19th April 2024, we started a new tradition, an annual movie night. This event was definitely a



night filled with laughter, fun and unforgettable memories.

Students crowd in the school hall, which has been converted into a cosy theatre. As the sun sets and stars start to emerge, the ground is covered with vibrant blankets and pillows, making it the ideal place to kick back, unwind, and take in the show. The smell of freshly popped popcorn and delicious doughnuts (sold by our amazing teachers) fill the air. People are talking excitedly about the movie they want to see. Is it going to be a thriller, a heartfelt movie, or a classic adventure? Everyone is waiting anxiously for the big reveal.

At last, the time comes. The opening credits begin to roll as the screen brightens. As the movie starts, the audience erupts in cheers and enthusiasm, taking us to a magical, humorous, and adventurous world.

'The Greatest Showman' was definitely enjoyed, as it got the crowd singing, laughing and shedding a few tears. It's incredible how a movie can unite people, start discussions and create bonds that persist even long after the movie.

This night will hold memories of a lifetime, and we look forward to seeing the next

one.





Movie Review Mania

ferdiepostexco3 May 30, 2024 1 min read Updated: Jun 2, 2024

Unaysah Ismail



THE HUNGER GAMES: THE BALLAD OF SONGBIRDS AND SNAKES

This movie is an addition to the best dystopian movie in my opinion. If you're a fan of all the previous hunger games movies then this one is definitely for you. It is about how everything started. The "origin" of President Snow. We all hated him in the previous movies but this one will make you understand why he is the way he is and you'll end up sympathizing with him. It was honestly worth the wait.

ROTTEN TOMATOES: 89% AUDIENCE RATING: 6.8/10



DAMSEL

Many people think that this movie is a fairy tale however, it has a unique twist.

Netflix's favourite actress, Millie Bobby Brown takes on the lead role as Elodie, who must push her bravery to the next level in order to survive, after realizing too late that what she was promised was all just a trap.

If you're a fan of Millie Bobby Brown, I highly recommend this movie.

ROTTEN TOMATOES: 56% AUDIENCE RATING:6.J/10



MEAN GIRLS



This movie is a Gen–Z
altered version of the
original 2004 movie. It is
a musical and has a lot of
iconic lines from the
original. This movie just
made me want to watch
the original again because
in my honest
opinion the older one is
the better one.

ROTTEN TOMATOES: 62% AUDIENCE RATING: 4/10

LIFT

This action-filled movie starring Kevin Hart is a different type of movie than what were used to seeing him in. People didn't really like that he went from comedy to action. It is about a difficult heist that a group must complete. This group takes things from people who they believe don't deserve to have it. Personally, I really enjoyed this movie even though it was like any other heist film



ROTTEN TOMATOES: 32%

AUDIENCE RATING: 5.5/10



DUNE:PART TWO



After Part One was released in 2021, the eagerly anticipated Part Two finally arrived and let's just say it was a huge success, with some critics even going to the extent of saying that it was the greatest film ever made. Scifi and action lovers will really enjoy this movie but others will love it too. If you haven't watched it yet, I suggest you do immediately.

ROTTEN TOMATOES: 95%

AUDIENCE RATING: 8.7/10

GRAN TURISMO

This action film will keep your heart beating throughout the entire movie. A keen, gifted, young racer is ready to challenge himself and turn his dream into a reality. This is a must-watch for car-racing lovers and gamers. The film really motivates you to never give up on following your dreams.



ROTTEN TOMATOES: 98% AUDIENCE RATING: 7.1/10







Philosophy Corner

ferdiepostexco3
Aug 15, 2024 3 min read **Unathi Matlala**

Hello Ferdies, this message is for you, to whomever it may concern.

Have you ever eaten too many sweets and felt sick, blurted something out to someone, or stayed up way too late? If you have put a hand on your stomach, a hand over your mouth, or a palm to your face due to the feeling of disappointment, then that is likely a bare regret. Like most things, regrets come in many shapes and sizes, unique to the individual.

As far as I know, most people have regrets.

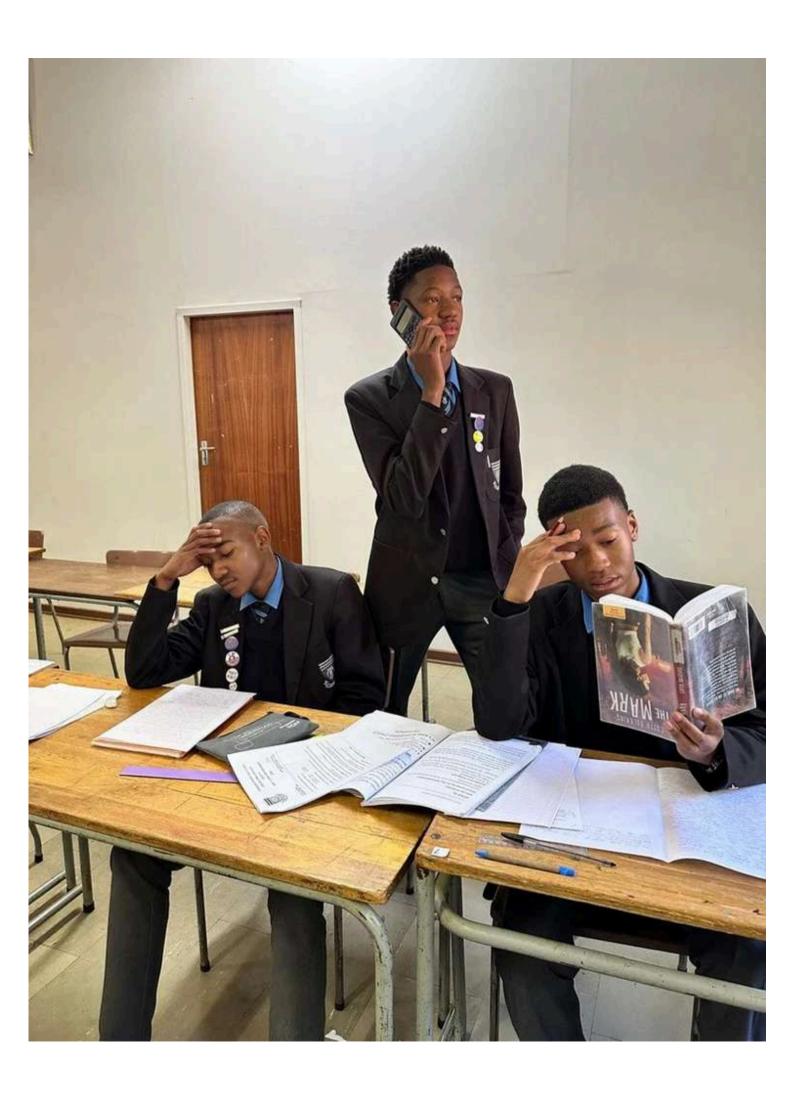
Transparently speaking, it's not inherently bad to have regrets. Everybody experiences it at least once, but really, it's not all rotten. Regret enables reflection. It sounds confusing at first, but stay with me. The past is scary. It really is frightening to go back sometimes and feel emotions you didn't feel when it first happened.

You have regrets, don't you? It's a pretty straightforward question, until the man in the suit begs the question and the prize pool is increased. Now, here is the million dollar question, "What is your biggest regret?" Would you be able to answer that, from the deepest chambers of your heart?

While you ponder for your own answer, a few Ferdie learners were randomly sampled and asked the same question:

"I have no regrets, I'm perfect,"

There was, unfortunately, a handful of responses like this, so it's best to get this one out the way first. People love saying they have zero regrets, but we all know that's not true. Maybe some regret... not being honest with themselves? This is not a targeted message to the demographic that thinks like this, it is a call for introspection. To look deeper than the surface of that cloudy mentality. It is not a hate crime to have regrets, so it's not justifiable to hide under a balaclava around it. There is no benefit to pretending you have no regrets when you truly do have certain experiences. Being able to express yourself is a good way to grow as a person when you are able to understand the feelings that you feel, and there is nothing wrong with vulnerability.



"Not being a role model to my younger sisters."

When expectations that you didn't ask for aren't met, it's easy for others to be disappointed in you. Although it hurts to not be able to fulfil what is expected of you, the disappointment you feel towards yourself stings the most. It's not an easy thing to be close to perfect all the time. It's unrealistic. And so are the extreme expectations that lead to certain kinds of regrets. It's really easy to blame yourself when expectations clash with reality, but sometimes it's not all helpless. It's about what happens now, if things are going to stay the same, or if you're going to do something about it.

"Caring too much of what people think"

Sometimes, the seek for external validation strays us down a course of almost no return. It's really easy to fall down the rabbit hole of losing what's important to you. What others think of you should not be a contender on the top of your priority list, what you think of yourself should be on the top of that table. Regrets like these don't have to overstay their visits. It takes baby steps to eventually overcome certain regrets, and cases like these are definitely worthy stairs.

"Never getting to say goodbye to a loved one when I had the chance."

Feelings like these are ones that really linger, leaving a bad taste in your mouth. Accompanied with the frustration and sadness, there are the crushing "What ifs?" that start flooding your thoughts.

Some things are completely out of your hands, and what happened has happened. There's really nothing wrong with wishing to have finished things off wholesomely with loved ones. It's human to feel guilt and sadness. Although only focusing on the bad with loved ones paints a nightmare, when remembering the good things gives you the most beautiful reminiscing artworks.

Today is a gift, that's why it is called the present. It is unwise to entertain the past, and foolish to miss the present when it passes you. You can never have tomorrow if you are stuck in yesterday.

This does not mean you shouldn't regret or remorse. Regret until you regret regretting. Feel your feelings, reflect, and grow. That's what matters most. Regrets are in the past, but be grateful for what you are going to do next.

Time to ask again, "What is your biggest regret?"

But this time, can you do something about it? If no, pack it up. If yes, don't make the same mistake twice. There's more to it than just feeling sad, it's more than just the past, it's about,

"What now? What's next?"
Don't be a stranger.

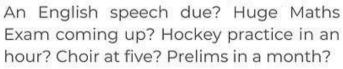
Overcoming Academic Burnout

ferdiepostexco3 Aug 19, 2024 1 min read **Tasmiyah Hamid**

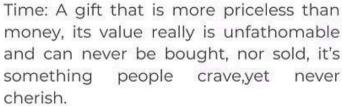
OVERCOMING ACADEMIC BURNOUT

ON THE PATH TO INNER PEACE





Breathe. You got this!





Hours...minutes...seconds...they pass by as the clocks hands spin, the pile of books gets larger, the pressure gets unbearable, your motivation slowly but surely starts to vanish, tick by tick, you feel burnt out, stressed and on the verge of a mental breakdown which further leads to you giving up, but YOU do not, and that's what makes you successful!



What is Academic Burnout?

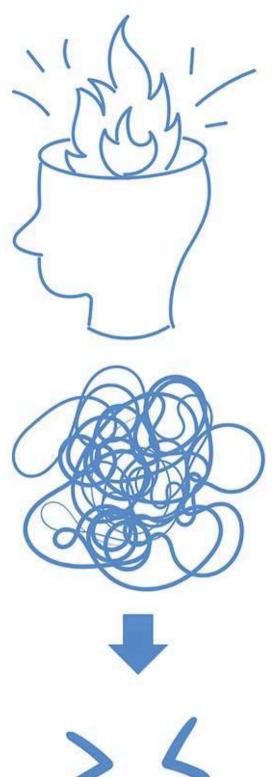
Academic burnout can be defined as a negative emotional, physical, and mental reaction to prolonged study that results in exhaustion, frustration, lack of motivation, and reduced ability in school.

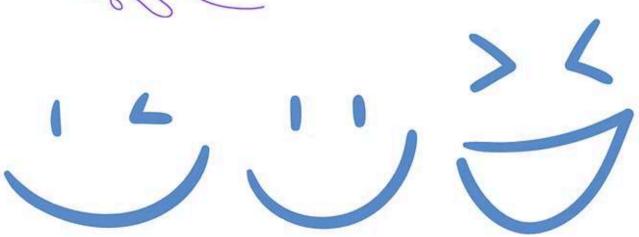
How can we overcome it?

Having goals and effective time management in place are absolutely crucial to a person's self development and, on some level, even their self-worth. There needs to be clear-cut paths for each of those goals to be achieved. If it is all-encompassing and encroaching on every sphere of your life, you need to rethink your processes.

You decide what your goal or goals are. Then, plan your life around meeting those goals without ever compromising on your priorities or your peace???

If the means to the ends is submerging you in frustration, you need to restrategise.





10 tools to tame your stress:

- 1. Step back and evaluate.
- 2. Distance yourself from avoidable stressors.
- 3. Reframe your thoughts.
- 4. Give yourself love and kindness.
- 5. Take control of what you can control.
- 6. Motivate yourself with rewards and consequences.
- 7. Embrace and enjoy the present moment.
- 8. Practice Gratitude.
- 9. Make meaningful connections.
- 10. Include time for humour and light-hearted activities.

It is ridiculously cliché but doing the best you can and doing what's good for you is really the only way to live.

Let's unlearn everything we know about being busy and recreate that art. Let's start being busy...enjoying our lives. Relishing, savouring, and marvelling at these collective moments that make up our existence.

Take it easy in yourself.



Ferdinand Postma and Curro High School Engage in the Thrilling Debate Final

ferdiepostexco3 Aug 15, 2024 1 min read

Kwame Matlawe

In a nail-biting contest held at home, Curro High School emerged victorious over Ferdinand Postma, claiming the top spot in the highly anticipated debate competition final. The intense battle saw both teams deliver impressive arguments, engage with the motion, and provide brilliant cases, leaving the audience on the edge of their seats.

Led by captain Zachary Van Bemmel, Ferdinand Postma's team presented a strong case on the motion: "This house as a young person would choose to live in a world without the prospect of the 4th industrial revolution." They offered unique perspectives and diverse opinions, setting the stage for a captivating clash of ideas and strategy.

As the debate raged on, the audience filled with Ferdie teachers and learners displayed a range of emotions, from anticipation to excitement. Every argument was met with a chorus of facial expressions and the infamous debate "jazz hands."

Despite Ferdinand Postma's valiant efforts, Curro High School proved relentless, ultimately securing the win and cementing their position as the best team in North West. The judges praised both teams for their exceptional skills and sportsmanship.

Coming in second in the entire province is no small feat, and our Ferdies team held their heads high, proud of their performance and the efforts put in to reach this point. We are obviously very proud and look forward to supporting them in their next endeavour!









Spreading Warmth on Nelson Mandela Day

ferdiepostexco3 Aug 19, 2024 2 min read **Zakhele Damanyet & Hassaanah Sooliman**

A simple bowl of soup could change a life and save one, too.

On Nelson Mandela Day, students came together in a touching demonstration of kindness and community spirit, trying their best to better the lives of the homeless. The school's Interact team, a service and leadership group, planned a thoughtful project to provide soup to those in need. Every year on Nelson Mandela Day (18 July) we honour and celebrate the memory of the first black president of South Africa and his dedication to making the world a better place. This year, in response to Mandela's call to action, students decided to warm the hearts of the people who sleep out in the cold.

The Interact team, made up of enthusiastic and passionate givers, made sandwiches and soup (with a secret ingredient of love) to give out. That same day, the interact team went out in the cold to serve thosr steaming bowls of soup and blankets. We were greeted with smiles of joy and gratitude and this teared up each and every learner. The simple act of serving soup became a powerful act of kindness, expressing the vision that Mandela had hoped to bring to our world.

For many students, this experience has been eye-opening. "It really made me realize how important these small acts of kindness are," said Hassaanah, a member of the Interact team. This did not only benefit those in need of a sandwich, but warmed every learners heart. Through dedication and hard work, Ferdies has not only honored Nelson Mandela's legacy but have also made a difference in the lives of homeless people. This reminds us that acts of kindness, no matter how small, can have an impact.

As the sun sets on Nelson Mandela Day, the work of the Interact team stands as a beacon of the hope and appreciation of the community. Mandela believed that "what matters in life is not merely that we have lived."

It is the difference we make in the lives of others that determines the significance of the lives we lead...

Life as a Voortrekker

ferdiepostexco3 Aug 19, 2024 3 min read

Katleho Mabindisa

"A journey filled with socialising, leadership, and striving to serve God."

Get ready to be blown away! Two of our matrics, Xantus Tredoux and Isak Hitge, are fulfilling a experiential journey of *Voortrekking*. Let us take a sneak peek into the lifestyle of the *Voortrekkers*!







How would you define Voortrekking in your own words?

Being a Voortrekker is basically striving to serve God, to serve my nation, to serve my country and to serve my fellow man. It's also a way of preserving a part of our country's history and culture.

What activities do you do as a Voortrekker?

We actually do a lot of stuff. We learn a lot of things, things like hunting, firearms safety, archery, level two first aid, how to sail, etc. We also try to help our community by doing fundraisers to bring awareness to cancer and rhino poaching. We also try to clean up our environment for example in the past we've helped to clean up an old cemetery that was completely overgrown and filled with garbage.

For how long have you been a Voortrekker?

I've been a Voortrekker for 8 years now

Why do you like Voortrekking?

Of course there's the part of preserving my culture and history but I also like how it helps me to form connections with people who ilve in very far away places like Cape Town, Messina, Rehoboth, etc

What advice would you give to learners who want to be Voortrekkers?

If you want to be a Voortrekker you have to make sure that you're actually willing to learn new things and you have to be hardworking

What achievements have you received as a Voortrekker?

I got my Presidential Verkenner award and I got a silver and gold ABCD which is basically a way of measuring how well you live up to the Voortrekker's ideals and code



How would you define Voortrekking in your own words?

Being n Voortrekker is a lifestyle. You get to enjoy socialising with different people as well as to build your survival and leadership skills. Being a Voortrekker helps you to take on the world knowing you are strong with God by your side and that you are making your culture, to be a Afrikaner, better.

What activities do you do as a Voortrekker?

Mostly you learn everyday skills that will help you survive as an adult. However you also learn how to survive in the veld and push your body to its limits. Furthermore there is lots of time to play and joke around while learning.

How long have you been a *Voortrekker*? 13 Years.

Why do you like Voortrekking?

It is a place where you easily belong, where you share moral values and religion. It also gives you the power to help a new generation of Afrikaners to learn their values and to help us thrive and to keep our culture alive.

What advice would you give to learners who want to be Voortrekkers?

You do not need any special skills to be a Voortrekker, just make a decision to go to Voortrekker camp or session and see if you like it. I would highly recommend it as it helps you to be proud of your country and culture. Also there is lots of surprises so always be ready for anything.

What achievements have you achieved as a Voortrekker?

My highest achievement thus far is to be a Presidents Verkenner. In primary school I got my Voorslag achievement. I also did a lot of camps and courses to receive badges and certificates for certain skills.

A Safe Space for All Ferdies: The Anti-Bullying Campaign

ferdiepostexco3 Aug 23, 2024 1 min read **Khadijah Motara**

An ugly problem has plagued the halls of schools for far too long, and it's time for change. Together, we aim to create a comfortable and productive space for every learner, free from bullying.

Despite our diverse student population and the diversity we call South Africa, there has been a lack of awareness about bullying, leaving many learners overwhelmed and unsure of how to deal with it or who to confide in. In collaboration with Childline, we introduced the anti-bullying campaign to create a safer environment for all students. This campaign has greatly benefited and uplifted our school environment and learners' lives. Every learner now knows they can speak out, seek help, and are not alone. All they need to do is ask, and someone will be there to support them.

This campaign marks the beginning of a new journey towards a better and safer school environment. It has taught us that Ferdies is not just a school, but a home, a safe place where there's always someone to support you, no matter how many times you fall. We are a Ferdie family.

Our school was fortunate to host Childline, an organization dedicated to aiding learners and preventing bullying. Friendly social workers introduced themselves and educated us about bullying, its causes and effects, and the importance of mindful communication. Bullying is a serious issue, and victims often lack someone to talk to or confide in. That's where Childline comes in. Just call "116," and a social worker will be available to listen and support you.

Remember, Ferdies, YOU ARE NOT ALONE.

Inside our school gates, there will always be someone to help you.



The 2024 Entrepreneurs day

ferdiepostexco3 Oct 2, 2024 1 min read

Unaysah Ismail

The annual Grade 9 Entrepreneurs Day, which took place on 14 August, was once again a day filled with happiness and excitement.

From mocktails to karaoke to even a scream house, the Grade 9s had it all. They had been eagerly anticipating this day since the beginning of the year. With the help of their EMS Business Studies teacher, Mrs. Surina du Plessis, the Grade 9s were able to turn their thoroughly thought-through business ideas into reality.

Although it was a very stressful and exhausting one-hour break, I think it was a huge success for each and every stall. The teacher's hands were occupied with food from the beginning of the break right up to the end.

The learners from other grades had their stomachs filled with joy, and their faces beamed with satisfaction throughout the whole hour. It was indeed a very enjoyable day for the whole school, and we can't wait to see what the Grade 9s of next year have in store for us.









SRC Camp 2024

ferdiepostexco3 Oct 2, 2024 2 min read

Unathi Matlala

Every year at Ferdies, there is a special weekend where the newly elected SRCs go on a leadership camp, and this year was no different. Their schedules were jampacked with activities from Friday morning until the dawn of Sunday, where the future leaders were split into two big groups that weekend. Firstly the red team, formally known as "The Woodies". Their potent Toy Story theme shivered the boots of their opposing team. And then there is the blue team, introduced as "The Klippies". They spent the weekend with rock hard tenacity.



These two groups went head to head at every activity, trying to get their hands on some Mula. What is Mula you may ask? Well it's a type of point system used, where you gain more Mula from winning activities, and good team spirit. Although you can lose Mula as well, through disobedience and lack of responsibility. These activities ranged anything from kicking soccer balls across the camp site, to which of 6 mini groups can make the best pizzas according to their themes.

These activities weren't only done for the sake of having fun, or to win more Mula, there was more substance to them. Each activity had a lesson behind it, where you could have either learnt how to be patient and learnt to trust the process, or even how to better your communication skills. Although it is important to have fun, it's even more important to return to school as better and stronger leaders.



The camp had its moments of jolly times and laughter, it was not like that throughout. The SRCs had also gotten time to commemorate and mourn the passing of fellow Ferdie learner, Willie Venter. Tears were shed, and cries were wept, the SRC said their sorrow goodbyes to Willie. This year's camp was filled with new faces, fun moments and hardships. We hope to see the growth in these learners, and watch them be the best SRCs they can be.



Ready Or Not

ferdiepostexco3
Oct 2, 2024 2 min read **Latorian Mora & Miné Bronkhorst.**

Ferdies se Afrikaanse opedag het op 17de Augustus plaasgevind. Die skool was versier, die borde was propvol met foto's en die leerders wou bars met entoesiasme. A week later, it was our English speakers turn, and the encore was just as amazing as the first set.

So sit jouself in die skoene van die graad 7's, en toer die skool vir 'n dag. Arrive at the grand blue gates of our beloved school, ready for whatever lies ahead. Na al die registrasies, geskenkies en koffie, het almal 'n plekkie op die nuwe paviljoen gevind. For the English, the first part was held in front of the venue, decorated so elegantly, absolutely fit for the excited crowd it held.

Daar was 'n oulike inligtingsessies, waar Armand Potgieter die rol van 'n nuwe leerling vertolk het. So het hy leiding en hulp by al die onderwysers gekry oor die verskillende aktiwiteite en reëls. The star of the information session on the second weekend was our own Cameron Scholtz, whose charisma and charm, with a smidge of help from the teachers, highlighted everything a new cub would need to know.

Nadat al die praatjies verby was, het die pret werklik begin and the Ferdies models sure were ready. Ons leerlinge het die verskillende uitrustings op die verhoog gepronk en het alles van somer skoolklere na boogskiet uniforms gewys A Paris walk that could rival any fashion week displayed Ferdies' best (basically the entire school).

Daarna het hulle beweeg na verskillende punte toe. Daar was kultuur, sport, SETH en akademie. A perfectly balanced display of all the perks and charms that come with being a Ferdie.

Die opedag was nie skaam oor enige aspek van ons skool nie, en het met trots elkeen verteenwoordig. Amper elke leeder het gewerk, en 'n spanpoging aangewend. So het die dag 'n groot sukses geword.

The spirit of Ferdies was on full blast, and now we eagerly await the arrival of our grade 8 class of 2025.

Our Sevens Season

ferdiepostexco3 Oct 2, 2024 2 min read

Chidi Okechukwu

As the 7s rugby season kicks off, I sat down with four key players—William, Omphile, Roland, and Ruben—to discuss their passion for the sport and their goals for this year. Here's what they had to share:

1. How were the trials this year?

Omphile: It was nice, and I enjoyed them.

Ruben: A lot tougher than the u/15s, and the game itself is very different from

normal 15-man rugby.

William: The trials this year were not extremely difficult. What the coaches normally

look for is someone with good speed, passing, and good game sense.

Roland: They were intense and difficult.

2. What does it mean to be part of the rugby team?

Ruben: It's a huge learning opportunity to fix my flaws as a player and learn from the u/17s.

William: It's an honour to be part of the first team, but for me personally, it's more about having the opportunity to get onto the field and play. To satisfy the itch to play.

Roland: Representing our school on the field.

Omphile: It is highly prestigious, meaning it is a privilege to be in the school's first team.

3. How do you handle pressure in intense matches?

William: Before the match, you just have to close your eyes and focus on the game, how you will make tackles, evade tackles, and so on. During the game, you are so preoccupied that you forget about all the spectators.

Roland: I slow down and think of solutions.

Omphile: I try to calm myself down so that I can think straight, because I normally get angry when I'm under a lot of pressure in games.

Ruben: I feel like that's when me and the team work best.

4. What are the team goals for this season?

Roland: To make it to the playoffs.

Omphile: Win all of the tournaments and get respect for our name.

Ruben: To win.

William: To win our competition and do well in other competitions. Also, to help players gain more experience and develop their skills for next year.

5. Is teamwork important in matches and in practice?

Omphile: Yes, very much. You cannot and absolutely should not underestimate your teammates; you cannot do everything alone.

Ruben: Yes.

William: Yes, very. It doesn't matter how good your players are; they will never beat the opposition alone. It is crucial that every player brings their part and passes the ball when the time is right.

Roland: Of course, it is.

The 7s rugby team's dedication and teamwork are truly inspiring. As they aim for success this season, we wish them the best of luck and look forward to cheering them on!









Ontmoet Meneer Stephan

ferdiepostexco3
Oct 5, 2024 3 min read **Miné Bronkhorst**

Kom ontmoet ons nuwe media bestuurder, 'n man met BAIE karakter!

Wat is Meneer se rol by die skool?

Ek dryf my tyd om na meneer Charles te luister. Nee, ek spot net! So ek werk met al die ouers wat met die graad 8's en so aan inkom, die wat meer wil weet oor die skool. Ek hanteer al die aansoeke met die kinders en die kommunikasie daarvan.

Is Meneer betrokke by die sosiale media?

Ja, ek hardloop die Instagram en Facebook. Dan ook die kommunikasie tussen die webtuiste. Ek is ook by sportdae waar ek foto'tjies moet neem, want hoe anders gaan ons dit op die webtuiste sit? Dan natuurlik is die opedae my babatjie, maar meestal die bemarking van die skool.

Hoekom het Meneer hierdie rigting gekies?

Ek geniet dit om met mense te werk. So ek is 'n baie spraaksame persoon en ek dink die skoolomgewing is baie lekker. Daar is kinders wat betrokke en behulpsaam is. Ek is ook baie lief vir sport en as 'n mens dit elke dag kan kyk, is dit baie bevredigend. Ek is redelik 'n spontane persoon. Dis 'n interessante beroep en daar is baie geleenthede wat voorkom. Ek geniet elke oomblik van die werk.

Waar was Meneer voordat meneer by Ferdies was?

Ek was by 'n Laerskool in Fochville gewees, waar ek die sport organiseerder was.

Hoekom het Meneer besluit om na Ferdies toe te kom?

Want Ferdies is beter. Ek bly self in Potch, ek het hier grootgeword. Die mense hier is ook 'n groot familie, 'n warm familie, en dis lekker hier. Ferdies is 'n skool wat baie op die oomblik groei en dis lekker om deel te kan wees van die groei.

Wat is Meneer se gunsteling deel van hierdie werk?

Definitief pouses se broodjies. Dan natuurlik ook om met mense te kan werk en buite te kan wees. Dis nie heeldag dieselfde nie, daar is altyd iets anders.

Wat was Meneer se alternatiewe beroepskeuses?

'n Boemelaar? Nee, ek spot sommer. Óf 'n biokinetikus, óf 'n sanger.

Is sing Meneer se geheime talent?

Nee, nee, nee. Ek kan so bietjie sing, maar nie baie nie.

Wat was die opvallendste ding van Ferdies?

Ek dink ons het baie goeie maniere. As jy na die skool kyk, almal groet mekaar, almal is baie vriendelik. Dis 'n familie, almal is bereid om te help en ek dink dit is skaars. Jy weet wie is wie en dis die voordeel van 'n kleiner skool.

Wat is 'n interessante feit van Meneer?

Ek hou van biltong. En droëwors. (Baie interessant)

Wat is Meneer se gunsteling sportsoort?

Ek was baie lief vir rugby toe ek dit nog self gespeel het. Dit was 'n passie en ook 'n spansport. Dis iets wat jy saam met jou vriende kon doen. Máár ek is baie lief vir kultuur. Soos wat ek ouer word, was ek meer blootgestel aan dit.

Het Meneer 'n gunsteling kulturele aktiwiteit?

Definitief koor, of sêr. Regtig enige sanggroepie. Ek is ook baie lief vir toneel.

Het Meneer enige advies vir ons leerders?

Wees trots om deel te wees van Ferdies. Geniet dit terwyl jy nog kan. Mense se skoollewe gaan baie vinnig verby, dan mis jy die avonture van Hoërskool.

Daar het jy dit, 'n diep duik binne die brein van ons media bestuurder en persoonlikheid: meneer Stephan. Volgens hom is daar altyd plek vir meer binne sy kantoor so gaan kuier gerus!



Another Magical Performance of Ferdies Culture

ferdiepostexco3 Oct 4, 2024 1 min read

Zachary van Bemmel

The Allegretto Eisteddfod was abuzz with talent as Ferdinand Postma's learners unleashed their creative genius on the stage! This spectacular showcase saw artists, dancers, vocalists, readers, and speakers push the boundaries of excellence, leaving the audience in awe.

Our Ferdies' remarkable performances earned them a haul of silver, gold, double gold, and prestige awards, cementing their reputation as a force to be reckoned with in the cultural scene. The competition was fierce, but our learners rose to the challenge, demonstrating their skills alongside Potchefstroom's top schools.

The artistic talents of the Ferdie family shone brightly, with breathtaking masterpieces that showcased their unique perspectives and creativity. Every piece told a story, reflecting the artists' personality and dedication.

But it wasn't just the arts that saw our learners excel – their reading and speaking skills left a lasting impression. With captivating storytelling and eloquent speeches, they commanded the stage, showcasing their confidence and charisma.

The evening was electric, with Ferdies stealing the show and earning top honors. The dedication and passion of our community have raised the bar, and we eagerly await next year's showcase to see them do it all again!



Ferdies Got Talent: 'n nag vol van ons eie sterre

ferdiepostexco3 Oct 5, 2024 1 min read **Djine Weyers & Kaylan van Wyk**

Die was n aand vir die boeke: van meneer Donna en sy vennote se slegte grappies tot Alchané Booysen se pragtige stem, hierdie aand was absoluut ongelooflik.

Ferdinand Postma het hulle heel eerste talent aand gehad. Ferdies het so baie talent dat ons sommer 'n aand daarvan kon maak en hulle het ons verwagtinge oortref. Ons was verwelkom deur ons uitstekende seremoniemeesters, wat Tebu Panyane en Kwame Matlawe was "en ons wonderlike beoordelaars. Ons het alles gehad van kitare tot klavier en selfs n Midde-Oosterse dans.

Ons skool se koor het hulle heel eerste hul voorkoms gemaak en die liedjie "Hlonolofatsa" gesing. Catherine Marais het ons haar nuwe liedjie gespeel en die hele atmosfeer verander. Sy was ongelooflik, en dit is hoekom sy ook "most promising act" gewen het, beslis 'n verdiende loon. Hoe kan ons vergeet van El'Ad Fransman wat ons asem weggeslaan het met sy uitstekende dans of Armand Potgieter en sy bemeestering van die klavier.

Dit is seker onmoontlik om te vergeet van al die pragtige gedigte en Shania Sheehan se uitstekende monoloog. Met soveel skouspelagtige opvoerings was dit baie moeilik om die bestes te kies.

Die 10de April was 'n aand om te onthou en ons hoop dat dit maar net die eerste in 'n reeks van hierdie verstommende 'Ferdies Got Talent' aande sal wees.











Ferdies Presteer by Noord Wes Boogskiet kompetisies

ferdiepostexco3 Oct 5, 2024 1 min read

Jordan Forbes

Op 20 Julie het die skuts van Ferdies deelgeneem aan 'n uitdagende skietkompetisie by Hoër Volkskool in Potchefstroom. Met 15 talentvolle skuts wat vir die kompetisie ingeskryf het, was Ferdies goed verteenwoordig in beide die "Bullseye" en "3D" formate, teen baie ander sterk skole.

In die "Bullseye" formaat het Ferdies LETTERLIK bullseyes geskiet om 6de te eindig van al die hoërskool spanne met 'n groot totaal van 3041 punte uit 'n moontlike 3600. Die boogskiet span het baie vêr gekom en hard gewerk vanaf hulle laas jaar in November vir die eerste keer begin skiet het.

Ongelukkig moes van die A-span skuts onttrek uit die 3D formaat, wat beteken het dat die span nie 'n totale punt kon aanteken nie, Maar die B-span het goed gevaar vir 'n elfde plek met 1367 uit 1800.

Nog beter nuus is dat Divan van der Walt en Gerhard Maritz wat geskiet het in due kompetisie wat op 3 Augustus plaasgevind beide die Noordwes Knypkoppe span gehaal het. Dit is n verskriklike goeie prestasie en ons wens hulle sterke vir kompetisie wat nog volg.

Ons boogskiet span groei en ontwikkel teen 'n ongelooflike tempo en dit is uitstekend om te sien! Vir ons eie meneer Odendaal en al sy skutte sê ons dankie vir hoe goed hulle Ferdies se naam dra en ons wens vir hulle baie voorspoed.





Introducing Our 2025 Editors

ferdiepostexco3 Oct 11, 2024 0 min read









Ferdies Hokkie pak die Bayer Liga aan

ferdiepostexco3 Oct 24, 2024 1 min read

Jess Bezuidenhout

Soos die blare begin verander en die lug bros word, bou opwinding by Ferdies op vir die komende hokkieseisoen. Vanjaar is Ferdies gereed om in die plaaslike liga mee te ding en hul vaardighede, spanwerk en sportmangees ten toon te stel. Met toegewyde spelers en entoesiastiese afrigters maak die span gereed vir wat beloof om 'n opwindende seisoen te wees. Ons spanne het ook daarop gefokus om hul individuele vaardighede te ontwikkel, van skaats en stokhantering tot skiet en aangee. Met 'n mengsel van ervare spelers en nuwelinge, het die afrigters pasgemaakte praktyke om alle vaardigheidsvlakke te akkommodeer, wat 'n inklusiewe omgewing bevorder waar almal kan verbeter.

Hierdie jaar ding Ferdies mee in die Noordwes-hokkieliga, wat verskeie ander skole uit die omgewing bevat. Ferdies het in die 4de plek geëindig! Die spelers is gretig om harder aan hul vaardighede te werk en om Ferdies weer met trots in volgende jaar se liga te verteenwoordig. Met 'n sterk fokus op spanwerk, toewyding en sportmangees, is ons hokkiespanne gereed om 'n merk in die liga te maak. Ons sien uit na 'n opwindende seisoen volgende jaar gevul met harde wedstryde, spanwerk en skoolgees!





Young Artists Bring Life to Donated Canvas

ferdiepostexco3 Oct 24, 2024 1 min read

Kieran Louw

The grounds of Ferdinand Postma High School recently came alive with creativity as young artists transformed donated culture boards into vibrant masterpieces. Under the guidance of Ms Smal, the Visual Arts teacher, and with the support of our head girl, Zinei Reynders, large canvases were generously donated to provide Visual Arts students with a unique platform for self-expression, marking the inception of the Ferdies Art Garden.

Equipped with paints, brushes, and boundless imagination, Visual Arts students from Grades 10 to 12 gathered outside Room 69 to bring their artistic visions to life. This initiative sought to promote Visual Arts, foster a deeper appreciation of culture within the school, and encourage self-expression through the power of imagery.

Art is defined as the expression or application of human creative skill and imagination, and at Ferdies, our talented Visual Arts students have truly embodied this definition through their remarkable work.

The completed artworks are now proudly displayed in front of Room 69. This marks only the beginning of our new art space, which aims to cultivate a dynamic and inspiring environment for both students and staff, while showcasing the profound joy and holistic balance that art brings to our lives.

As the project continues, the team will soon complete the current boards and move forward with Phase 2 of the Art Garden. Stay tuned!







THE FERDIE POST

MOST LIKELY TO...

2024 GRADE 12 EDITION

We are all somewhat nosy as to where we think people will end up in life and what they actually accomplish. In this issue our focus falls on our Matric class of 2024. Thank you to those who have made your voices heard by voting and here is the good, the bad and the ugly!





Isak Hitge

Most likely to become a millionaire?



Most likely to spend all their money on something stupid?

Sachania Jacobs



Most likely to get a terrible tattoo?

Gerhard Vorster



Most likely to

become a CEO?

Isak Hitge





Isak Hitge

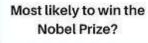


Isaac Kang



ED Boshoff

Most likely to marry a celebrity?



Most likely to give their kid an unusual name?

Most likely to be late for everything?



Kyle Adams

Most likely to spend hours in a YouTube conspiracy theory hole?



Philile Ziyane

Most likely to have their own reality show?



Philile Ziyane

Most likely to become an influencer?



Jordan Dineen

Most likely to be a terrible cook?



Who is most likely to have the most spoilt kids?



Who is most likely to break people's hearts?

Johan Kriek



Who is most likely to drive the most expensive car?

Reuben Jacobs



Aninka Muller

Who would most likely cheer people up easily?



Who is most likely to turn into a politician?



Who is most likely to live alone on an island?



Who is most likely to be a professional gamer?



Most likely to become a teacher?



Ilinke Beckley

Who is more likely to get into a fight on the internet?



Aninka Muller

Who is most likely to stand up for the underdog?



Johan Kriek

Who is most likely to sleep through a natural disaster?



Tebu Panyane

Who is most likely to make a friend out of a stranger?



Joshua Barends

Who is most likely to survive a zombie apocalypse?



Zion Gomez

Who is most likely to quietly take over the world?



Zachary van Bemmel

Most likely to become a poet?



Onalerona Mafoko

Who's most likely to raid the fridge late at night?



Nabeel Loonate

Who is most likely to be wearing sweats?



Philile Ziyane

Who is the most likely to be dressed to the nines?



Willem Hartzenberg

Most likely to have the most hazardous working environment, but just doesn't care and gets it done anyway?



Jordan Dineen

Who is most likely to create a brand?



Miandre Coetzer

Who is most likely to visit all the continents?



Isak Hitge

Who is most likely to live the longest?



Danél Meintjies

Who is most likely to take up professional sports?



ED Boshoff

Who is most likely to win the lottery?



Isak Hitge

Who is most likely to go to space?



Zinei Reynders

Who is most likely to become a doctor?



Willem
Hartzenberg
Who is most likely to
play the role of a
superhero?



Duerail Ruiters

Who is most likely to be a gambler?



Sunel Dupper

Most likely to order a takeaway in the next 24 hours?



El'Ad Fransman

Most likely to own the most pets?



Anika Barendse

Most likely to embarrass themselves in public?



Jordan Dineen

Most likely to get married in Vegas?



El'Ad Fransman

Most likely to be the first one on the dance floor?



Cha'risa Denobili

Who is most likely to be picky about their food?



Zion Gomez

Who's most likely to build an epic fort?



Tebu Panyane

Who is most likely to lead a protest?



Hanru van Rooyen

Most likely to break a world record?



Janeal van Wyk

Most likely to direct an Oscar-winning film.



Philile Ziyane

Most likely to win The Voice



Tristan Jardim

Most likely to invent the next TikTok



El'Ad Fransman

The next Picasso



Deon van Eeden

Become the world's strongest man.



HOËRSKOOL FERDINAND POSTMA

One team One open. One school.



MY FINAL GOODBYE

ZINEI REYNDERS

When asked to reflect upon my year as the Head Girl, I was engulfed with the precious memories made, connections forged and the lessons learned. I am truly grateful to all of you who supported me throughout the year's ups and downs.

This year has been a roller-coaster filled with growth with its downfalls and uprisings. But through it all we found a sense of joy and accomplishments in this journey. Words cannot begin to describe how honoured I am to have had the chance to represent our wonderful school and serve the student body.

Looking back, I can only give glory to the One who placed me in the leadership position and shaped me into a more confident, resilient, and compassionate person. When my head girl journey began, I had mixed feelings, all ranging from immense joy to uncertainty... even doubt. I knew it would be a challenge, but I never would have anticipated just how much I would come to enjoy the obstacles. Fortunately, I knew I wasn't in it alone. I had heaven-sent teachers who watched my back, friends who encouraged me and a whole school I had to serve.

Being Head Girl gave me a unique perspective on the importance of teamwork, communication, planning, and resilience. Whether it was organising Ferdies Got Talent, supporting other student leaders, or working with the teachers to accomplish goals, I learned that great things are never accomplished alone.

As I hand over the reins, I hope that I have served this title with grace. My goal was to leave behind a legacy... A trail of joy... An inspiration... A message. To the next Head Girl, Head Boy, and all future leaders to come, I leave you with this: With great power comes great responsibility. A leader leads by example. Lead with God by your side, and you will see victories.

And to the rest of the school, thank you for trusting me to represent you. Each one of you has contributed to my journey in one way or another, even if it was just a smile in the hallway, a "Hi!" at the tuck shop or a kind word... those simple, seemingly meaningless actions made my day. I hope I've made you all proud.

Always remember that even a cat is a lion in its own lair. Everything is based on perspective. (Romans 8:28). Thank you, everyone, for an unforgettable year. I am grateful, humbled, and forever changed by this experience.

Goodbye, Ferdies

TOTSIENS, FERDIES

ISAK HITGE

Goeiemôre, middag of nag, liewe leser.

Vir die wat my nie ken nie, ek is Isak en ek was Hoofseun by Ferdinand Postma vir die jaar 2024. Ja jy kan my maar geluk sê, dit is werklik 'n groot eer. Ek is op die oomblik besig met my matriek eksamens en ek voel al die opgewondenheid van matriek vakansie binne my borrel.

Deur my 5 jaar by Ferdies het ek talle wyse lewenslesse geleer wat my 'n sterker persoon gemaak het en my voorberei het om die wêreld daarbuite aan te durf. Hierdie is te danke aan my onderwysers, hulle was altyd bereid om ons te help



in tye van nood en ons so bietjie vryheid te gee waar nodig. Ek wil baie dankie sê aan al my onderwysers vir die inspirasies wat hulle gelewer het om my te help groei tot waar ek nou is, en al het ons gekla, ons is steeds dankbaar.

Ek wil dankie sê aan elke leerder, dankie vir al julle ondersteuning, ek waardeer dit ten volle. Die eenvoudige "hoofseun" in die gang is genoeg om 'n mens se dag te maak en ek is bly ek kon julle hoofseun wees. Dit was net met julle ondersteuning, en definitief die uitvoerende komitee dat ons hierdie jaar so groot sukses kon maak.

Soos wat ons nou die einde van die jaar bereik en ons moed raak min, vermaan ek julle om aan te hou. Wanneer jy jou rapport die dag ontvang sal jy jouself bedank. Hou voel moed en bly sterk. Moet ook nie vergeet dat jou krag van God af kom nie, Bid tot Hom en vra Hom vir krag, Hy luister altyd. Ek hoop julle almal werk hard verder en pluk die vrugte aan die einde van die jaar.

Wanneer jy eendag onderdeur ons skool se boog loop, sal jy nostalgies nadink aan jou hoërskool jare, glo my. Onthou net altyd, jou bloed is blou. Baie dankie Ferdies vir 'n wonderlike 5 jaar!

Groete Isak

TEACHER OF THE YEAR

KATLEHO MABINSA

You have submitted your votes and we have heeded your decision.

The 2024 Teacher of the Year award goes to:



WRS J. WALSTRAND

Always there to help us, but also very funny, she always makes us laugh.

She makes the work entertaining!

