

SELF-LOATHING

ILDE GRICIUS GR 8

"I'M NOT GOOD ENOUGH..."

IMAGINE THAT RUNNING THROUGH YOUR HEAD A DOZEN TIMES

JUST PRETENDING TO SMILE LIKE THE STREET MIMES

LOOKING IN THE MIRROR WISHING THE IMAGE WOULD DISAPPEAR

HOLDING BACK THE COMING TEAR

A FEAR OF WALKING OUT THE DOOR

AFRAID EVERYONE WILL JUDGE ME EVEN MORE

THE CONFIDENCE SLIPPED AWAY

NO MORE COME IT MAY

EVERYONE ELSE HAS A TALENT OR LITTLE QUIRKS

SELF-DOUBT; IN THE BACK OF MY MIND IT LURKS

CAN'T TAKE A MOMENT TO TALK ABOUT MYSELF

MY BODY BREAKING DOWN ITSELF

HOW TO FIX IT, WHERE TO START?

WILL I EVER FIND IT DEEP DOWN IN MY HEART?

IS THERE SUCH A THING AS SELF-LOVE?

FORGETTING THE FAKING-HAPPY GLOVE

MAYBE THE MIRROR ISN'T A THING OF FEAR

BUT RATHER SOMETHING TO BRING SOME CHEER

A LITTLE SELF-CONFIDENCE GOES A LONG WAY

MAYBE THE DOUBT WOULD SLIP AWAY

A STRANGER TOLD ME I LOOK PRETTY TODAY

IT HELPFULLY KEPT THE HARM FAR AWAY...